# A Systems Engineering Framework for Multi-Criteria Performance Evaluation of Healthcare

## **Process and Systems**

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#### **Extended Abstract**

## 1. Introduction and Description of the Problem and Goals

Health expenditures for diabetes and its complications totals 376 billion dollar (USD) and is expected to exceed 490 USD billion by 2030. Developed world countries count for 80% and US for 52% of these total health expenditures. *Type 2 diabetes* is a chronic disease with long term complications as blindness, renal failure and increased risk for stroke and myocardial infraction. There are several studies related to prediction of diabetes type 2. Most famous models and widely used are the IRIC, QDScore, DESIR. All models seek to be aligned with age, BMI and waist circumference as variables, however, the performance of each model varies between countries, age, sex, and adiposity. One of the methods that have been used in the past to define the risks and performance of several treatments for diabetes type 2, is Markov chain models constructed for a heterogeneous subscriber population, and used to examine the long-run effects of particular utilization patterns on disease functioning.

Systems Engineering (SE) is an approach combining the advantage of model-based systems descriptions, based on modular components, integrated with sophisticated tradeoff analysis and design space exploration, to design and analyze the performance of complex systems in many domains, ranging from engineering, to economics, to enterprises, and most recently to healthcare systems and processes [17]. In fact, the recent PCAST report [17] recommends SE as a critical methodology for accelerating improvements in healthcare systems towards higher quality and lower costs. However, there are very few studies using this modern and interdisciplinary approach to healthcare. The present paper describes our research towards developing such a framework for the case of diabetes type 2, that will allow all stakeholders of healthcare to assess the benefits of specific policies, technologies, treatments etc., with

respect to several metrics, including economic metrics. Further we propose that modern SE methodologies are uniquely capable to evaluate the interrelationships between healthcare, information technology and economics. We offer the present study as a prototypical example.

The purpose of the present study is to classify population groups based on diabetic risk, formulate models of structure and behavior, set requirements for treatment performance and construct states (for various relevant processes, including the disease, patients, treatments, technologies). Every state will have different probabilities of disease progression, cost function and health performance. Finally, the results of every state will be used to construct and validate the Markov chain model. From the Markov chain model, for every step, outputs of the model will be total cost, risk, health performance. Also every state will generate a different sum total of cost, health performance and risk. Every state shows different progression of the disease that will need different cost function (combination of treatment and medicine), health function (Qaly). Each step represents the evolution (progression) of the model through time.

# 2. Methodology

The model is influenced from the Archimedes, Michigan, UKPDS and Desir models. We are incorporating the advantages from every model and we integrate them into a new system that is more complete and detailed. There are several *classes* that interact among them (see Fig. 3). The classes of the system are people, facilities, records, interventions, equipment, supplies and budget. Each class has attributes; e.g. in the case of people they have organs, which have also inside them parts and subparts, like the heart that has parts of coronary, arteries, etc.

Figures 1 and 2 show the basic algorithm and a typical flowchart (for a specific path of the disease) employed in our model. Figure 1 shows the various input parameters and the output from the model. There are many variations of the model and algorithms that can be used; we just show a typical example here. For diabetes type 2, disease is indicated by a test result of >125 mg/dl glucose level in blood in the FPG test, or >199 mg/dl glucose level in blood in OGTT test. A tool that capture the information that someone has a disease is a *diagnostic test*, or *screening test*, or *monitoring test*.

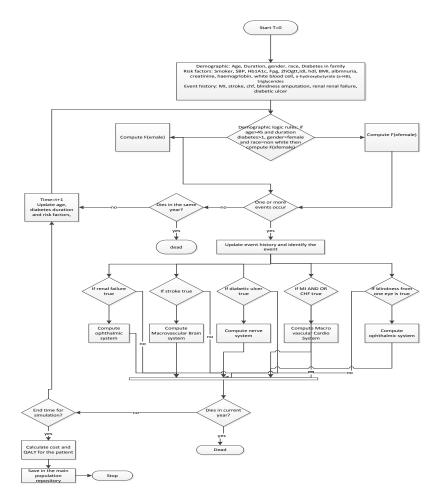


Fig. 1: Basic algorithm in the model

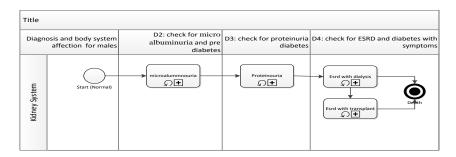


Fig. 2: Flowchart of kidney system related to neuropathy and renal failure.

# 3. Computation of the risk for every gender

An important part of our model is the computation of risk from various input parameters of the model as shown below in an example.

$$\left\{ \begin{array}{l} 0 = male, f(x_m) = -10.45 + 0.94Sm + 0.06\,Wc + 10.17\,Fpg + 22.42\,Ogtt + 0.42Ggt + 0.14Omic \\ 1 = female, f(x_f) = -20.43 + 0.75Df + 4.69\,Bmi + 9.35\,Fpg + 22.39\,Ogtt + 0.86\,Trg + 0.36Omic \end{array} \right\}$$

Where SM= smoker, Wc= Waist circumference, FPG= fast plasma glucose test, 2Ogtt= 2 hours fast plasma test, GGT= Gama Glutamyl Transpeptidase, Omic= creatine blood test, Df= family diabetic history, BMI= body mass index, Trg= Triglycerides

Figure 3 illustrates a simple example of classes involved in the model and transitions between classes. A key issue with this type of models is the very large number of states they may require. We have developed methods to handle this complexity in our earlier work. For example, we have 3<sup>N</sup> states, corresponding to the *normal/prediabetic/diabetic* status of each patient. When screen is in the normal state, if there is a *prediabetic risk* the patient status is switched to *prediabetic*. Otherwise the status goes to *normal or diabetic* patient. When a patient occupying a bed is in the *normal* state, the status of the patient is switched to *normal*. Beds have their own three state variables, reflecting the patient state for each bed, but these do not directly alter the state of the risk machines. Due to space limitations we do not provide more details of the model, other than these examples.

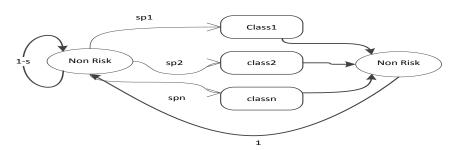


Fig. 2: Illustrating classes and transitions between classes linked to risk.

#### 4. Resource Model and Cost

Our model includes a resource and cost model. In [Unerti, 2009] the cost is described for the staff that will be needed for a diabetic clinic as a dependent variable, on the disease screening and consultation in the following manner. The cost of every part depends on the cost per hour for every specialty, the cost of every software or web application used, the cost of telemedicine equipment, the cost of the tests that will be needed in every point of screening. The stationary screening distribution can be computed from patient states. Each occupancy level is associated with a cost based on the above so expected cost can be

computed from the state distribution. The resource model can depend on several other parameters. The entire model is linked with tradeoff analysis tools based on multi-metric optimization.

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